Dealing with a disease or illness that cannot be cured can be a lonely and difficult experience for people, especially as they face complex and difficult decisions. Patients and families need to know they are not alone. The Palliative Care Team at Bowmanville Hospital is here to help.

— PACT physician

Thanks to the generosity of others, a “Family Room”, with a sofa, sleep chairs, TV and kitchenette is available in the Bowmanville Hospital for the comfort and privacy of families supported by the PACTeam.

PACT Programs operate with the support of Lakeridge Health Bowmanville and the Memorial Hospital Foundation-Bowmanville. You can make a donation to Memorial Hospital Foundation - Bowmanville for the Palliative Care Fund to help in the purchase of medical equipment, educational resources and training for the PACTeam. Every gift makes a difference and is greatly appreciated.

Contact us:

Lakeridge Health Bowmanville
47 Liberty St. S., Bowmanville, ON L1C 2N4
905.623.3331 extension 1216

Memorial Hospital Foundation - Bowmanville
47 Liberty St. S. Bowmanville, ON L1C 2N4
905.623.3331 extension 1881/1882
Palliative care is a philosophy of care that aims to relieve suffering and improve the quality of living and dying. It includes a combination of active and compassionate therapies intended to comfort and support patients and their families who are living with, or dying from a progressive life-threatening illness, or are bereaved. Palliative care is provided together with all other medical treatments.

—Canadian Hospice Palliative Care Association. (2002). A Model to Guide Hospice Palliative Care

PACT is a specialized team of health care providers that includes physicians, nurses, pharmacists, social workers, a chaplain and volunteers. Care is provided to patients in hospital and in the community to residents of the Clarington area. The Team works with your family physician to ensure the best possible care and comfort.

The Clarington PACTeam is available to offer the following support:

- The management of pain and other symptoms
- Emotional and spiritual support
- Support in decision-making for care & treatment options
- Information and assistance in connecting with community supports and services
- Information on what to expect in the last days of life
- Grief and bereavement support (which may include a referral for bereavement counseling)
- Care available to adults and children
- Support is available 24/7 and may include a home visit

PACT Services are available by:

- Asking your family physician to involve a PACT physician
  or
- Calling Lakeridge Health Bowmanville at 905.623.3331 extension 1216 and ask for PACT information
  or
- Asking one of the PACT team members
  or
- Anyone involved in your health care by contacting the PACT Office.

PACT Members:
A specialized team of individuals dedicated to care & caring.

- Physicians
- Nurses
- Pharmacists
- Hospital Chaplain
- Social Workers
- Consultant for Palliative Pain and Symptom Management Consultation Service
- Central East Community Care Access Centre (CE CCAC)
- Durham Hospice
- Volunteers
- Hospital Administration & Registration
- Resident physicians from Queen’s University, University of Toronto

Dignity
Respect
Integrity
Compassion